



A Wealth of Information Is Just a Click Away

The following online resources can provide information about issues of concern to today's seniors and their families.

- AARP-Caregiving www.aarp.org/family/caregiving
- About Incontinence www.aboutincontinence.org
- About Senior Living www.seniorliving.about.com
- Administration on Aging www.aoa.gov
- Alzheimer's Association-National www.alz.org
- Alzheimer's Association-Illinois www.alzheimers-illinois.org
- American Assoc. of Geriatric Psychiatry www.aagpgpa.org
- American Assoc. of Homes & Services for the Aging www.aahsa.org
- American Assoc. of People with Disabilities www.aapd-dc.org
- American Association of Retired Persons www.aarp.org
- American Bar Association www.abanet.org/aging
- American Cancer Society www.cancer.org
- American Diabetes Association www.diabetes.org
- American Foundation for the Blind www.afb.org/seniorsitehome.asp
- American Geriatrics Society www.americangeriatrics.org
- American Heart Association www.americanheart.org
- American Heart Assoc.-Caregiver www.americanheart.org/caregiver
- American Lung Association www.lungusa.org
- American Pain Society www.ampainsoc.org
- Arthritis Foundation www.arthritis.org
- Assisted Living Federation of America www.alfa.org
- Benefits Check Up www.benefitscheckup.org
- Caring Steps and Stages www.caring.com
- Chicago Caregiver Magazine www.caregivermag.com
- Consortium on Assisted Living www.ccal.org
- Continuing Care Accreditation Commission www.ccaonline.org
- Education in Geriatrics www.gericareonline.net
- Elder Care Locator www.eldercare.gov
- Elder Care Online www.ec-online.net
- Eldercare Family Center www.eldercarefamilycenter.com
- Elder Law www.elderlawanswers.com
- ElderWeb www.elderweb.com
- Extended Care Information Network www.extendedcare.com
- Fall Prevention Center of Excellence www.homemods.org
- Family Caregiver Alliance www.caregiver.org
- Fisher Center for Alzheimer's Research Foundation www.alzinfo.org
- Friendly 4 Seniors www.friendly4seniors.com
- Geriatrics at Your Fingertips www.geriatricsatyourfingertips.org
- Geriatric Mental Health Foundation www.gmhfonline.org
- Health In Aging www.healthinaging.org
- HealthandAge.com www.healthandage.com
- Healthy Caregiver www.healthycaregiver.com
- Help Starts Here www.helpstartshere.org
- Illinois Housing Development Authority www.ihda.org
- Illinois Department on Aging www.state.il.us/aging
- Illinois Department of Public Aid www.state.il.us/dpa
- Illinois Department of Public Health www.idph.state.il.us
- Illinois Department of Financial and Professional Regulation www.idfpr.com
- Illinois Secretary of State www.sos.state.il.us

Lewy Body Dementia	www.lewybodydementia.org	National Institutes of Health	www.nih.gov
Life Services Network	www.lsnj.org	National Institutes of Health- Senior Health	http://nihseniorhealth.gov
Mayo Clinic	www.mayoclinic.org	The National Library of Medicine	www.nlm.nih.gov
Medline Plus	www.medlineplus.gov	National Multiple Sclerosis Society	www.nmss.org
Medicare	www.medicare.gov	National Osteoporosis Foundation	www.nof.org
Medicare-Nursing Home Comparison	www.medicare.gov/NHCompare	National Parkinson Association	www.apdaparkinson.org
Mental Health America	www.nmha.org	National Senior Citizens Law Center	www.nslc.org
National Alliance for Caregiving	www.caregiving.org	National Stroke Association	www.stroke.org
National Association of Elder Law Attorneys	www.naela.org	Needy Meds	www.needy meds.com
National Association of Private Duty Home Care	www.private duty home care.org	Patient Assistance Programs	www.rxhope.com
National Cancer Institute	www.cancer.gov	Positive Aging	www.positiveaging.org
National Citizens Coalition for Nursing Home Reform	www.nccnhr.org	RXLIST	www.rxlist.com
National Council on the Aging and Benefits Check Up	www.benefitscheckup.org	A Senior's Guide to Good Nutrition	www.vrg.org/nutrition/seniors.htm
National Council on Aging	www.ncoa.org	SeniorJournal.com	www.seniorjournal.com
National Eye Institute	www.nei.nih.gov	Senior Resource	www.seniorresource.com
National Family Caregivers Association	www.thefamilycaregiver.org	Social Security Administration	www.ssa.gov
National Institute on Aging	www.nih.gov/nia	Southeast Lake County Faith in Action	www.selcfia.org/1814.html
National Institute on Deafness and Other Communication Disorders	www.nidcd.nih.gov	WebMD-Alzheimer's	www.webmd.com/alzheimers

